## Resveratrol Concentrate

Summary of Scientific Evidence



Dr. Suwelack



#### Agenda

Summary of Scientific Evidence Resveratrol Concentrate

- O Contents
- O Introduction
- Active Ingredients
- Mode of Action
- Scientific Studies
- O Controlled Dermatological Study
- O Ophtalmological Examination
- O Patch Test
- Summary
- Contact Details





#### **Resveratrol Concentrate**

At a Glance

Our **Active Resveratrol Concentrate** is first and only water-based concentrate 2 % of solubilized, bioavailable transresveratrol.

#### **Key Facts**

- ✓ Bioavailable trans-resveratrol
- ✓ Actives: resveratrol, anti-aging matrikines
- ✓ pH: 4.8
- ✓ Leave-on
- ✓ Professional & Home usage
- ✓ Free of parabens, mineral oils, silicones & colorants
- √ 100% vegan & from sustainable sources
- ✓ Available with or without fragrance
- ✓ Suitable for even very sensitive skin

#### INCI:

AQUA (WATER), CAPRYLIC / CAPRIC TRIGLYCERIDE, DIMETHYL ISO-SORBIDE, 1,5-PENTANEDIOL, BUTYROS-PERMUM PARKII (SHEA) BUTTER, RESVERATROL, GLYCERIN, HYDROXYETHYL ACRYLATE/SODIUM ACRYLOYLDIMETHYL TAURATE COPOLYMER, PANTHENOL, SODIUM HYALURONATE, PALMITOYL TRIPEPTIDE-38, ETHYLENE BRASSYLATE, HYDROXYPROPYL CYCLODEXTRIN, CITRIC ACID, POLYSORBATE 60, CAPRYLYL GLYCOL, SORBITAN ISOSTEARATE, 3-HEXENOL, PROPANEDIOL, CAPRYLHYDROXAMIC ACID.



ACTIVE RESVERATROL

## It sall about the skin



#### Introduction

The skin is the largest organ and forms the barrier of the human body to the of its environment. Therefore, signs of aging are clearly evident in it and visible in many ways. In particular, external influences such as UV radiation, smoking and pollution have been described as one of the major causes.

The first signs of skin aging become visible in the form of facial expressions and wrinkles. The skin aging process is intensified with advancing age due to changes in muscle tissue, as well as continuously decreasing skin moisture and elasticity. Over time skin becomes more sensitive with increased skin redness.

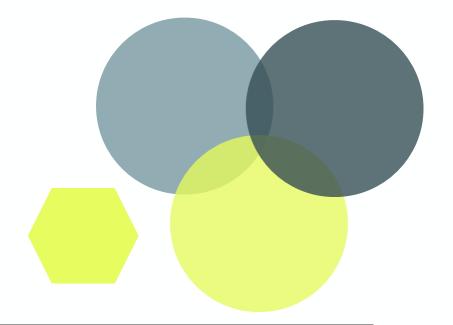
These processes are a result of the increasing formation of reactive oxygen species (ROS) within of the skin. This is also referred to as oxidative stress. This formation takes place naturally through metabolic processes within the cells but is accelerated by external influences. Antioxidants serve as a natural protection and defense mechanism of the body. For this reason, anti-oxidants have already been established as anti-aging agents.



<sup>1.</sup> Dzubow L. The aging face. In: Coleman WP, Hanke W C, Alt T H, Asken S, eds. Cosmetic Surgery of the Skin, Philadelphia, PA:B.C. Decker Inc., 1991:1-12.
2. Gilchrest BA. Skin aging and photoaging: An overview. J Am Acad Dermatol. 1989;21: 610-613.

<sup>3..</sup> Sander CS, Chang H, Salzmann S, Muller CS, Ekanayake-Mudiyanselage S, Elsner P. Photaging is asscoaited with protein oxidation in human skin in vivo. J Invest Dermatol. 2002;118:618-25.

#### Main Ingredients explained in short



		_
Inar	മെ	
	GU	11.7

Resveratrol

Sodium hyaluronate

Caprylic/Capric Triglyceride

Glycerin

1,5-Pentanediol

Butyrospermum parkii (Shea) Butter

Dimethyl Isosorbide

#### **Function in cosmetic products**

**Antioxidant** 

Humectant

Emolient/Antioxidant

Humectant

Solvent

Skin Conditioning

Solvent

#### What that means

Supports the skin in essential functions and contributes to a healthy, beautiful skin

Preserves skin moisture

Helps smooth skin and binds ingredients together

Preserves skin moisture

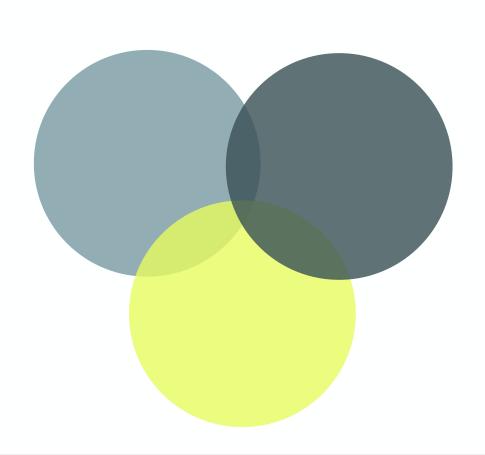
Moisturizing ingredient with good solubilizing properties

Sooths and softens skin

Solubilizing and reduces viscosity

## Resveratrol

Hero active ingredient





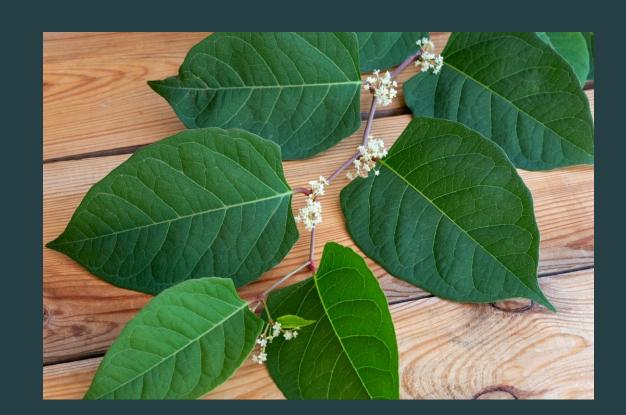
#### Resveratrol



#### Hero Active Ingredient

A particularly potent antioxidant is the one obtained from plants, grapes and berries: Resveratrol. In the medical field, it is also known for its anti-inflammatory, anti-diabetic and heart-protecting properties. Resveratrol can be found in the cis or trans configuration, with the trans form being biologically active. In cosmetic products, resveratrol is used as an active ingredient having antioxidant and anti-inflammatory activity [1]. Resveratrol has been shown to be active in neutralizing and inhibiting the formation of ROS and is an effective neutralizer for synthetic radicals [2] under in vitro conditions.

The antioxidant activity of resveratrol (95%) is higher than vitamin E (65%) and C (37%), respectively and has been shown to counteract lipid peroxidation and protein oxidation [3]



<sup>(3)</sup>Stojanovic, S., Sprinz, H. and Brede, O. (2001) Efficiency and Mechanism of the Antioxidant Action of Trans-Resveratrol and Its Analogues in the Radical Liposome Oxidation. Archives of Biochemistry and Biophysics, 391, 79-89.



<sup>(1)</sup> Ratz-Łyko, A. and Arct, J. (2019) Resveratrol as an Active Ingredient for Cosmetic and Dermatological Applications: A Review. Journal of Cosmetic and Laser Therapy, 21, 84-90

<sup>(2)</sup> Miura, T., Muraoka, S., Ikeda, N., Watanabe, M. and Fujimoto, Y. (2000) Antioxidative and Prooxidative Action of Stilbene Derivatives. Pharmacology and Toxicology, 86, 203-208.

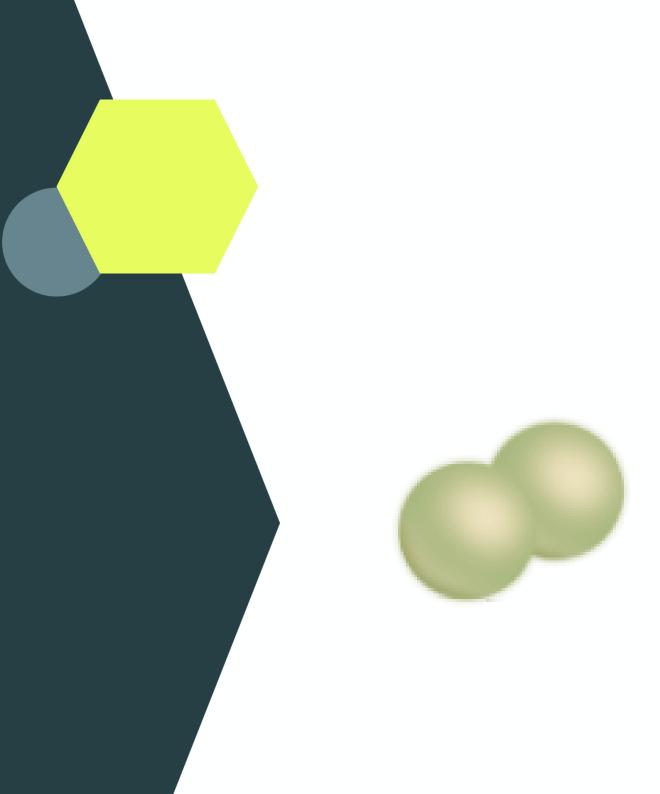
#### Hero Active Ingredient

#### Resveratrol strengthens skin's antioxidative system [1]

Resveratrol supports the skin's antioxidative system via two different mechanisms. Firstly, Resveratrol is a potent antioxidant, naturally occurring in different plants to protect them from UV radiation. In skin, it neutralizes free radicals to protect against damage. Additionally, Resveratrol enhances the body's antioxidative capacity via binding to cell receptors and increasing the building of body's own antioxidants.

[1] Boo YC, Human Skin Lightening Efficacy of Resveratrol and Its Analogs: From in Vitro Studies to Cosmetic Applications. Antioxidants (Basel). 2019. 22;8(9).





#### Hero Active Ingredient

### Resveratrol protects the production of collagen [1]

Oxidative stress increases the amount of MMP (matrix metalloproteinase), proteins leading to collagen breakdown. This breakdown occurs via two pathways, firstly via the direct effect on existing collagen structures but also on collagen production in the skin. Resveratrol directly influences MMP activity resulting in protection of collagen.

## Resveratrol inhibits pro-irritating enzymes [1]

Resveratrol can suppress the expression of inflammatory factors by direct or indirect inactivation of proteins responsible for pro-irritating processes in the skin. This leads to reduced skin redness and irritations.

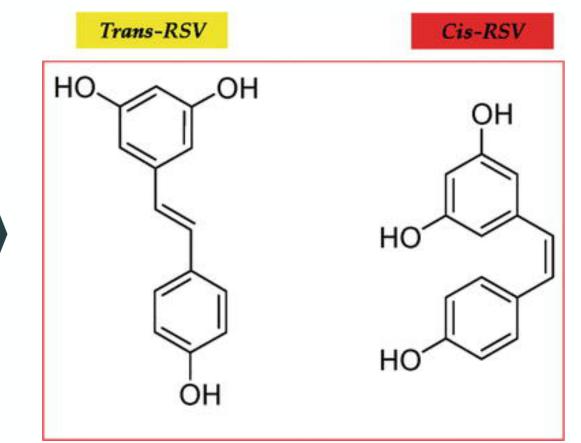
[1] Boo YC, Human Skin Lightening Efficacy of Resveratrol and Its Analogs: From in Vitro Studies to Cosmetic Applications. Antioxidants (Basel). 2019. 22;8(9).

#### The difference: *Trans* vs *Cis*-resveratrol

• Resveratrol can be found in the *cis* or *trans* configuration (isomer)

#### • Only *trans*-resveratrol is biologically active:

- Only soluble trans-resveratrol shows sufficient skin penetration and antioxidant activity in the skin.
- The *trans* isomer of Resveratrol is the one which can act as a radical scavenger and is therefore able to act as an antioxidant. The cis-isoform is not able to do that.
- Through our patented special water-oil-based formulation the antioxidant active trans-Resveratrol is made bioavailable in the dermis



Isomers are two molecules with the same molecular formula but differ structurally. Therefore, isomers contain the same number of atoms for each element, but the atomic arrangement differs. Despite having the same molecular formula, the physical properties of each molecule may differ, particularly if the functional groups associated with each molecule are different. Isomerization is the process by which one molecule is converted into another molecule with the identical atoms. This may occur spontaneously or a reaction may be required to achieve this effect. (Biology Dictionary.net)



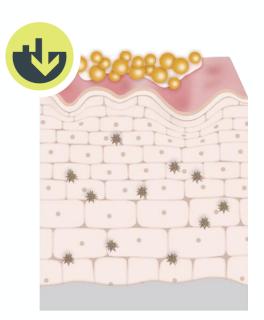
## Mode of Action





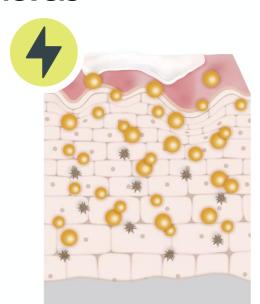
#### **Mode of Action**

#### Application & penetration



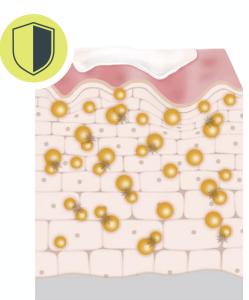
- Application of transresveratrol on to skin
- Penetration of active trans-resveratrol into deeper skin layers.

## Boosting of anti-oxidant levels



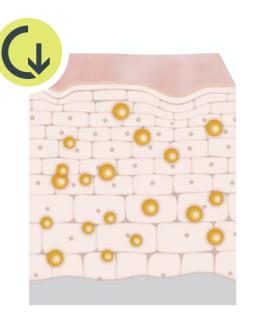
- Neutralizes and inhibits the formation of free radicals
- Increases the building of body's own antioxidants
- Skin anti-oxidative defense system is strengthened

## Protection of cells and collagen production



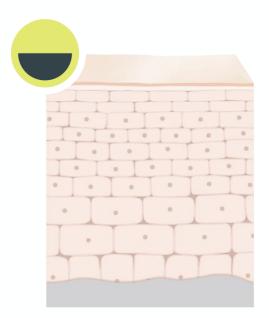
- **Protects** cells against damage from free radicals
- Protects and **stimulates** collagen production
- Slows down initiation of cell death

## Minimizes skin inflammation and redness



- Helps to repair the skin
- Helps improve overall skin health and appearance
- Reduces skin irritations and redness

#### Multi anti-aging skin benefits



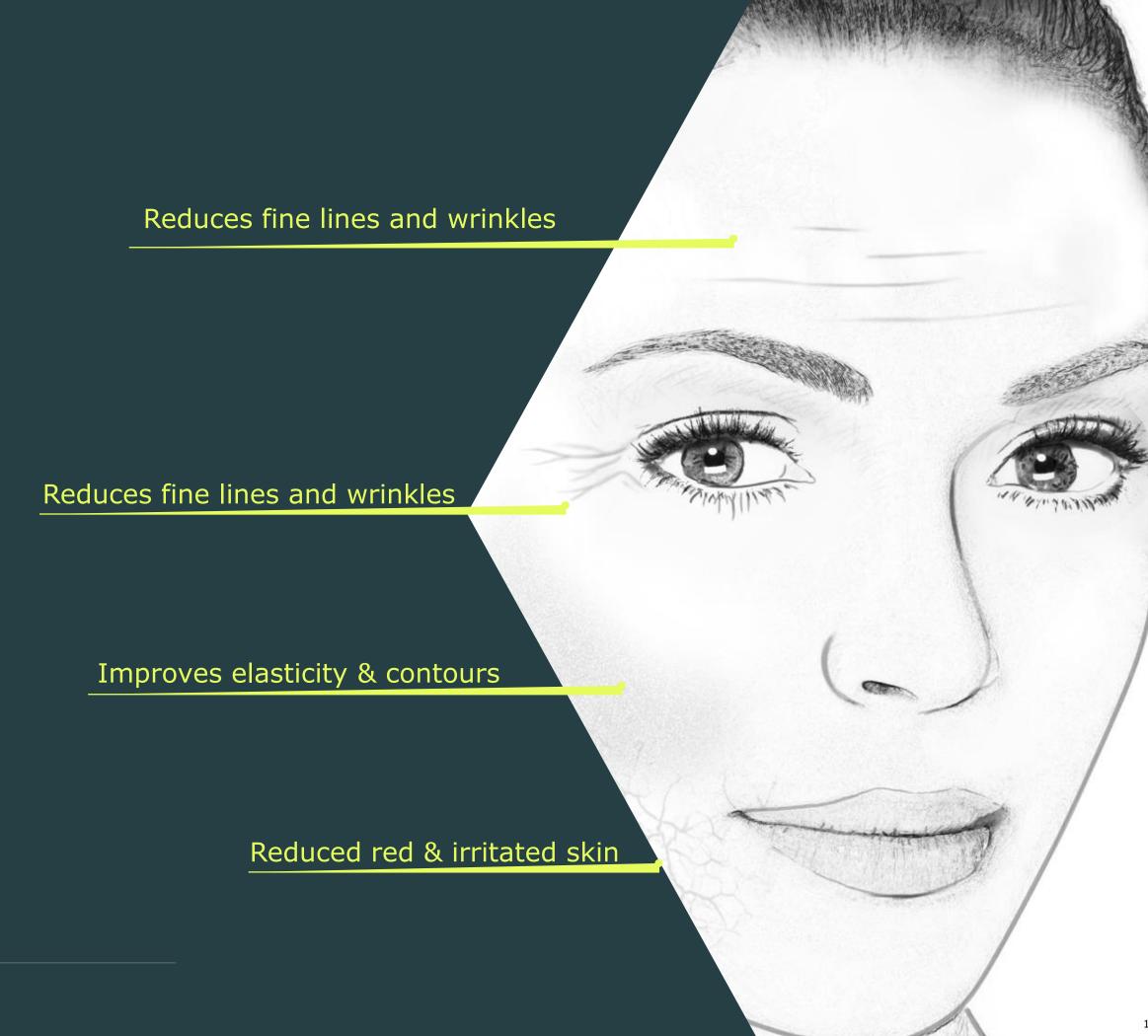
- Skin is firmed and smoothed
- Reduction of line and wrinkle depth
- Provides an even skin tone





#### Benefits

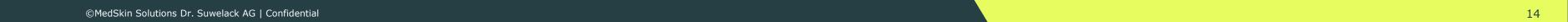
- Smoothens lines and wrinkles
- Improves skin's elasticity & firms skin contours
  - Reduces redness
  - •Improves skin barrier function
- Strengthens skin's anti-oxidative defence system
  - Protects the production of collagen





## Scientific Studies





#### **Scientific Studies**



Scientific Evaluation of Resveratrol Penetration



Scientific Evaluation of Anti-oxidative Potential



Controlled Dermatological Study



Ophthalmological Examination



Patch Test



#### Penetration of Resveratrol

Ex Vivo Evaluation Dr. Mörgelin, Lund, Sweden, 2017 Penetration of labeled Resveratrol in skin explants

analyzed via Scanning Electron Microscopy (SEM)

Different time points

**Study title:** Ex-vivo definition of the penetration of resveratrol

Study Center: Dr. Mörgelin, Lund, Sweden,

**Parameter:** Determination of Penetration Level of Resveratrol



#### Proven Penetration of Resveratrol

#### **Background:**

• The effectiveness depends on the penetration of the product

#### **Method:**

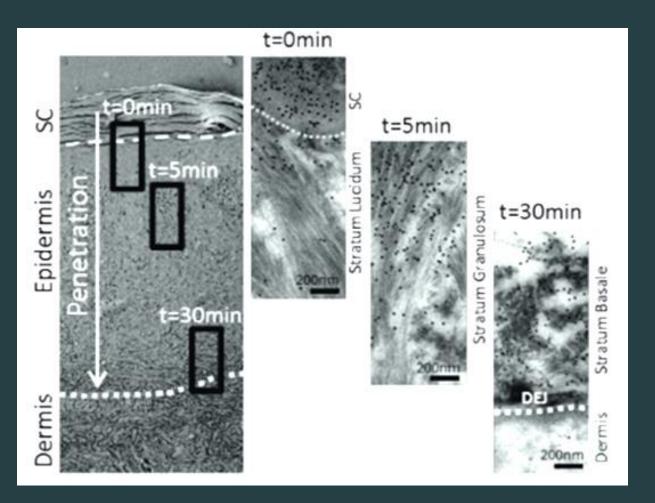
O Penetration of labeled Resveratrol in skin explants was analyzed via Scanning Electron Microscopy (SEM) after different time points.

#### **Results:**

- Resveratrol Concentrate penetrates deep into the skin
- Retains a reservoir in the stratum corneum for a long-term availability

#### What does this mean:

- Reservoir formation: Resveratrol Concentrate protects the skin from harmful environmental factors.
- O Deep penetration: optimal activity



SEM analysis; magnification 250x, black dots = labeled Resveratrol

#### Proven Anti-oxidative Potential of Resveratrol

Ex Vivo Evaluation Gematria Test Lab GmbH, Germany, 2015

Determination Of the Skin's antioxidative Power (SAP) On skin biopsies after 30min penetration time

Using
Electron Spin
Resonance (ESR)
Spectroscopy

**Study title:** Determination of the Skins Antioxidative Power (SAP) of cosmetic

products.

**Study Center:** Gematria, Germany, 2015

**Parameter:** Determination of Skin Antioxidative Power (SAP)



#### Proven Skin's Anti-oxidative Defense System

#### **Background:**

O Resveratrol neutralizes free radicals.

#### **Method:**

O Determination of the Skins Antioxidative Power (SAP) resveratrol on skin biopsies after 30 min penetration time using Electron Spin Resonance (ESR) Spectroscopy.

#### **Results:**

- O 35 % increase of skin's antioxidative potential by Resveratrol Concentrate treatment after 10 minutes penetration time.
- O 23 % increase of skin's antioxidative potential by Resveratrol Concentrate treatment after 4 hours penetration time.

#### What does this mean:

- O Skin's anti-oxidative defense system is strengthened.
- O Skin is protected against premature aging

<sup>\*</sup>The SAP value, expressed in percentage, is a quantitative determination of the antioxidant and anti-radical activity inside the epidermal and dermal layers of the skin.



Skin's antioxidative potential without treatment

90
0
50
100
150
200
Penetration time [min]

Resveratrol Concentrate

——Competitor

#### **Controlled Dermatological Study**



18 volunteers

Aged 35 to 50 Dermatological Evaluation

University of Hamburg, 2017\*

Once daily use For 8 weeks in the evening

**Study title:** Evaluation of effectiveness and tolerability of a 2% Resveratrol Emulsion

**Study centre:** University of Hamburg, 2017

**Publication**: Schulte to Brinke et al., Skin Anti-Aging Benefits of a 2% Resveratrol

Emulsion, Journal of Cosmetics, Dermatological Sciences and

Applications, 2021, 11, 155-168

**Parameter:** Ultrasound for skin density + VISIA Scan +



skin elasticity

Cutometer



Expert Evaluation

Visual Analog Scale



**User Satisfaction** 

Questionnaire

#### **Increased Skin Density**

#### **Background:**

• Resveratrol balances enzymes involved in collagen synthesis

#### **Method:**

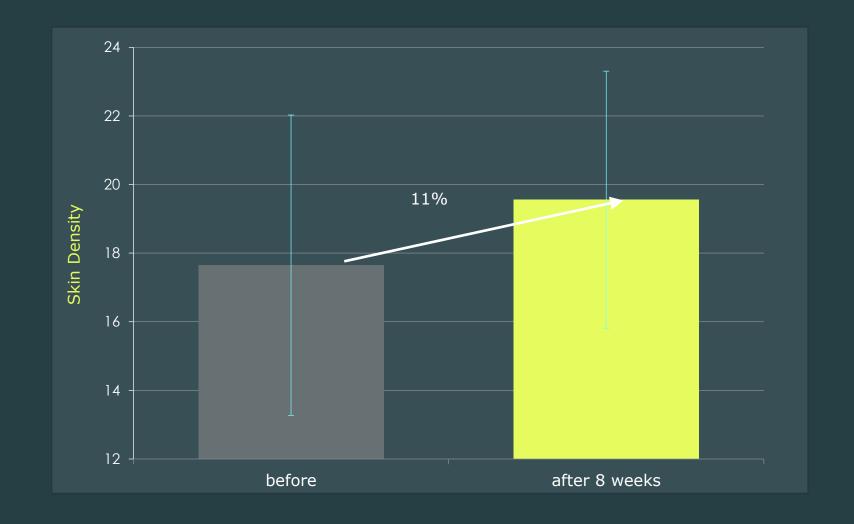
O Ultrasound measurements before and after 8 weeks

#### **Results:**

- Skin density is increased after 8 weeks.
- O Increased skin density comes from increased collagen

#### What does this mean:

- O Skin contours are firmed
- O Lines and wrinkles are smoothed.



#### Skin is Firmed

#### **Background:**

• Resveratrol balances enzymes involved in collagen synthesis

#### **Method:**

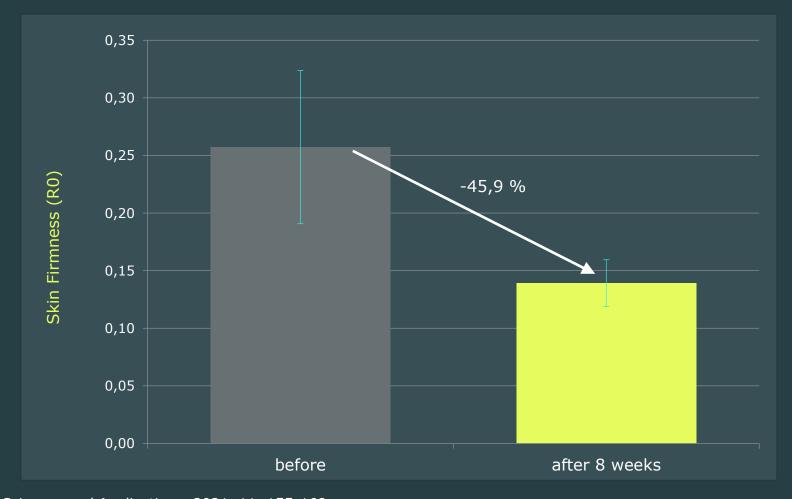
O Cutometer measurements for skin firmness

#### **Results:**

- O The smaller the value the firmer the skin.
- 45.9 % improvement in skin firmness within
   8 weeks of daily use<sup>1</sup>.
- This indicates a up to 10 years younger looking<sup>2</sup>.

#### What does this mean:

O Skin contours are firmed



<sup>1.</sup> Schulte to Brinke et al, Skin Anti-Aging Benefits of a 2% Resveratrol Emulsion, Journal of Cosmetics, Dermatological Sciences and Applications, 2021, 11, 155-168

<sup>&</sup>lt;sup>2.</sup> Luebberding et al. Mechanical properties of human skin in vivo: a comparative evaluation in 300 men and women, Skin Research an Technology 2014; 20: 127-135.



#### **Younger Looking Skin**

#### **Method:**

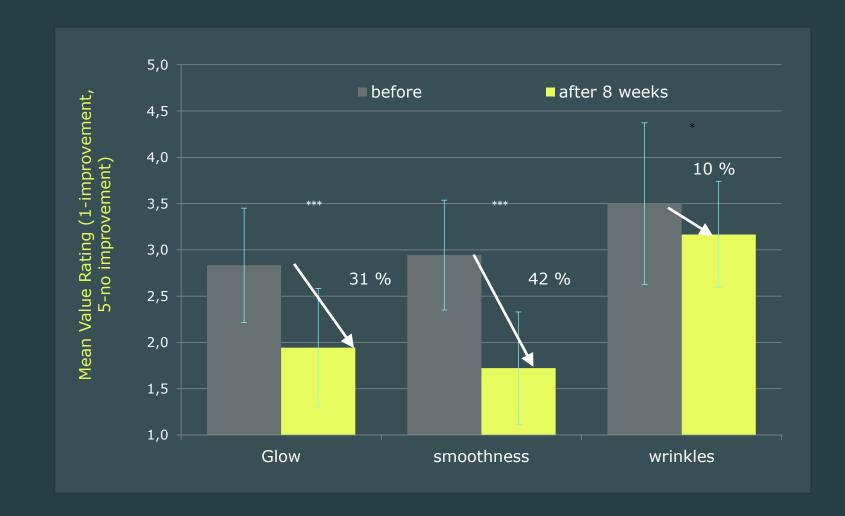
• Expert rating by visual analogue scale

#### **Results:**

- Significant improvement of skin glow by 31 %
- Significant improvement of skin smoothness by 42 %
- Significant improvement of wrinkles by 10 %

#### What does this mean:

- O Fine lines and wrinkles are smoothed
- Your skin as a younger glow.



Schulte to Brinke et al, Skin Anti-Aging Benefits of a 2% Resveratrol Emulsion, Journal of Cosmetics, Dermatological Sciences and Applications, 2021, 11, 155-168



#### Skin redness is reduced

#### **Background:**

• Resveratrol inhibits pro-irritating enzymes

#### **Method:**

- O Visia Scan for skin redness before and after 8 weeks
- O Dermatological expert evaluation with pictures before, after 4 and 8 weeks\*

#### **Results:**

- Skin irritations are soothed, pro-irritating processes are inhibited
- O Skin redness is reduced

#### What does this mean:

- O Skin redness is reduced
- O Skin irritations are reduced

Schulte to Brinke et al, Skin Anti-Aging Benefits of a 2% Resveratrol Emulsion, Journal of Cosmetics, Dermatological Sciences and Applications, 2021, 11, 155-168



<sup>\*</sup> Prager and Partner dermatological evaluation (2018) on 9 volunteers

#### Skin feeling and Appearance

#### **Methods:**

O Participant questionnaire on user satisfaction

#### **Visible results:**

• Skin feeling and appearance is rated superior by customers

#### **What does this mean:**

- Skin contours are visibly firmed.
- O Lines and wrinkles are smoothed.



Schulte to Brinke et al, Skin Anti-Aging Benefits of a 2% Resveratrol Emulsion, Journal of Cosmetics, Dermatological Sciences and Applications, 2021, 11, 155-168



#### Visible results



Schulte to Brinke et al, Skin Anti-Aging Benefits of a 2% Resveratrol Emulsion, Journal of Cosmetics, Dermatological Sciences and Applications, 2021, 11, 155-168



#### **((a)**

#### **Ophthalmological Examination**



**Study title:** Controlled User Test of the Product - Ophthalmological test

Study centre: Derma Consult GmbH, Germany, 2016

**Protocol:** Product applied once daily in the evening for 2 weeks;

Examination of the eye and eye region by an ophthalmologist

**Result:** 



None of the subjects showed any sings of pathological changes in the area of the conjunctiva, the cornea, the eyelids or the tear ducts which could have been brought about by the application. There were also no influencing factors or impairment of the vision during the time of application, the visual acuity of some test persons varied due to the wear of glasses or contact lenses at the different dates. The product was tolerated very well.







**Study title:** Test for primary skin irritation and hypersensitivity of human

subjects after single application

**Study centre:** Dermatest GmbH, Germany, 2016

**Protocol:** Application of the product for 24, 48 and 72 hours under

occlusion

Evaluation of the test areas 30 min after completion of the

occlusion

**Result:** The product did not lead to toxic-irritative intolerance reactions in patch

testing carried out in accordance with international guidelines. The

preparation can therefore be declared as dermatologically tested.



#### Proven Performance – for a 10 years younger look

Improvement of Skin Firmness

Within 8 weeks of use

Improvement of Skin Density

Within 8 weeks of use

Improvement of Skin Parameters

31% Glow

42% **Smoothness** 

10% Wrinkles

Improvement of Skin Feeling and Appearance

**Skin Elasticity** 100%

Fresher and younger skin looking 83%

**Smoother skin** 83%

# ACTIVE RESVERATROL

#### Thank you for your attention



MedSkin Solutions Dr. Suwelack AG Josef-Suwelack-Strasse 2 48727 Billerbeck

#### PHONE

+49 2543 21820

#### FAX

+49 2543 2182150

#### E-MAIL

info@medskin-suwelack.com

#### WEBSITE

www.medskin-suwelack.com

#### **HAMBURG OFFICE**

Colonnaden 72 20354 Hamburg | Deutschland

Linkedin Twitter Instagram Facebook